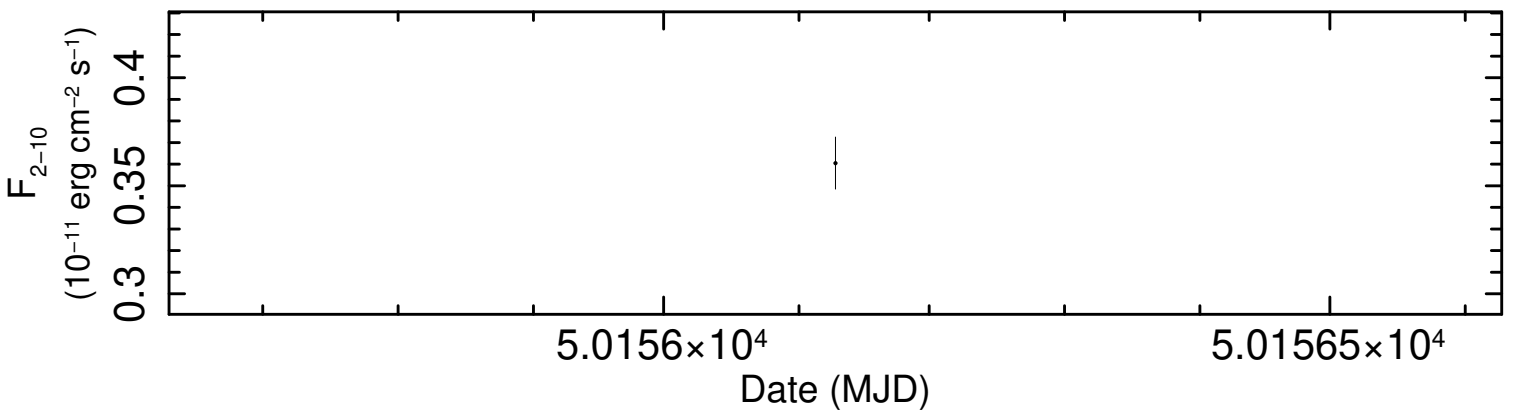RHS 53