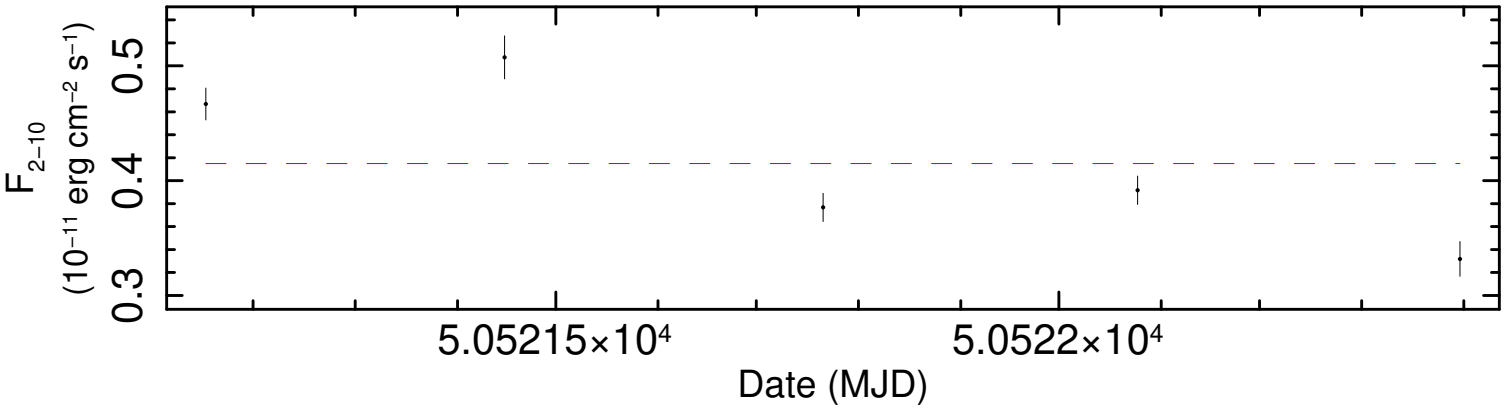1H 0707−495